

CERTIFICATE

OF PARTICIPATION

This is to certify that

Joe Manciya

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 00:48:14

PACE 04:48/km

OVERALL 25 of 287

GENDER 18 of 157

40+ 5 of 35

04 December 2016, Sun

Date



BoutTime

Signature